

Dementia Seminars for Families

Free to members, Non-members \$5

Presented by Jan Hide, two sessions are being held for each topic in the hope that the times will suit most people, allowing for working family members.

There will be a tea break in the middle of the morning sessions and a cuppa and muffins will be served prior to the evening sessions from 5:30 pm.

Choose the session time that best suits you:

1. Understanding Dementia - the disease process and its effects

Session One: 20 April 2011 10:00 am to 11:30 am

Session Two: 20 April 2011 6:00 pm to 7:30 pm (cuppa and muffin from 5:30pm)

2. The Implications and Effects of Dementia for Family Members

- what they need to know, dealing with loss, grief, change and stress

Session One: 2 May 2011 6:00 pm to 7:30 pm (cuppa and muffin from 5:30pm)

Session Two: 4 May 2011 10:00 am to 11:30 am

3. Communication Changes due to Dementia

- how to relate to and understand the person with dementia, alternative communication methods.

Session One: 1 June 2011 10:00 am to 11:30 am

Session Two: 1 June 2011 6:00 pm to 7:30 pm (cuppa and muffin from 5:30pm)

4. Different Behaviours

- why they occur and how to manage these.

Session One: 13 June 2011 10:00 am to 11:30 am

Session Two: 15 June 2011 6:00 pm to 7:30 pm (cuppa and muffin from 5:30pm)

5. Keeping the Person with Dementia Occupied

- activities, outings and events

Session One: 29 June 2011 10:00 am to 11:30 am

Session Two: 29 June 2011 6:00 pm to 7:30 pm (cuppa and muffin from 5:30pm)

6. Care and Support Options for those with Dementia and their Families

- options to assist family to provide care, options when family can no longer cope

Session One: 6 July 2011 10:00 am to 11:30 am

Session Two: 6 July 2011 6:00 pm to 7:30 pm (cuppa and muffin from 5:30pm)

Registration Essential Phone 6877583 at least a week prior & to receive advice of venue.